

Roast Carrots*
Grapes*
Veggie "Beef" Au Jus Sandwich*

French Fries

Offered Daily

Full Salad and Deli Station with:
Turkey, Ham, Sunbutter & Jelly
Fresh Salads, Fresh Cut Vegetables,
Fresh Fruit and More.

2% Milk
Fruit Infused Water

*Indicates Vegetarian Option

Aladdin
FOOD MANAGEMENT SERVICES, LLC



St. Richard's
Episcopal School



Lunch Menu • February 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

February 1

Corn Chowder*
Pretzel Roll*
Kale Salad*
Pears*

February 2

Meatloaf
Mashed Potatoes*
Green Beans*
Orange Wedges*
Veggie Meatloaf*

February 3

Corn Dogs
Tater Tots*
Peas & Carrots*
Pineapple*
Veggie Corn Dogs*

February 6

Chicken Patty Sandwich
French Fries*
Zucchini & Squash*
Tropical Fruit*
Roast Portabella*

February 7

Pork Potstickers
Veggie Fried Rice*
Broccoli*
Mandarin Oranges*
Roast Tofu*

February 8

Grilled Cheese* &
Tomato Soup*
Brussels Sprouts*
Peaches*

February 9

Tortellini Marinara*
Garlic Toast*
Asparagus*
Pears*

February 10

Chicken Pot Pie
Cauliflower*
Watermelon*
Veggie Pot Pie*

February 13

BBQ Pork Sandwich
Cole Slaw*
Tater Tots*
Grapes*
Veggies BBQ Sandwich*

February 14

Baked Breaded Ravioli*
Kale Salad*
Corn*
Watermelon*

February 15

Chicken Tortilla Soup
Zucchini & Squash*
Tropical Fruit*
Veggie Tortilla Soup*

February 16

Chicken Tenders
Broccoli*
Orange Wedges*
Tofu Tenders*

February 17

No
School

February 20

No
School

February 21

Pancakes*
Turkey Sausage Links
Roast Potatoes*
Scrambled Eggs*
Orange Wedges*
Veggie Sausage*

February 22

Broccoli Cheddar Soup*
Pretzel Roll*
Peas & Carrots*
Pears*

February 23

Beef Texas Straw Hats
Black Bean & Corn Salsa*
Watermelon*
Veggie Texas Straw Hats*

February 24

Fish &
Chips*
Cole Slaw*
Grapes*
Roast Portabella*

February 27

Hamburgers
French Fries*
Broccoli*
Tropical Fruit*
Veggie Burger*

February 28

Chili Spaghetti w/ Cheese
Cauliflower*
Orange Wedges*
Veggie Chili Spaghetti w/
Cheese*