

Roast Carrots*
Grapes*
Veggie "Beef" Au Jus Sandwich*

French Fries

Offered Daily

Full Salad and Deli Station with:
Turkey, Ham, Sunbutter & Jelly
Fresh Salads, Fresh Cut Vegetables,
Fresh Fruit and More.

2% Milk
Fruit Infused Water

*Indicates Vegetarian Option

Aladdin
FOOD MANAGEMENT SERVICES, LLC



St. Richard's
Episcopal School



Lunch Menu • March 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

March 1

Minestrone*
Garlic Breadstick*
Kale Salad*
Grapes*

March 2

Corn Dog
Tater Tots*
Roast Carrots*
Watermelon*
Veggie Corn Dogs*

March 3

No
School

March 6

Chicken Fajitas
Black Beans*
Mexican Rice*
Cinnamon Applesauce*
Veggie Fajitas*

March 7

Roast Pork Tenderloin
Mashed Potatoes*
Brussels Sprouts*
Orange Wedges*
Roast Portabella*

March 8

Loaded Potato Soup*
Pretzel Roll*
Broccoli*
Grapes*

March 9

Chicken Fingers
Mac & Cheese*
Peas & Carrots*
Tropical Fruit*
Roast Tofu Fingers*

March 10

Cheese Ravioli w/
Marinara*
Garlic Toast*
Asparagus*
Pears*

March 13

French Toast*
Scrambled Eggs*
Turkey Sausage
Roast Potatoes*
Orange Wedges*
Veggie Sausage*

March 14

Italian Beef Sandwich
Tater Tots*
Green Beans*
Peaches*
Veggie Italian Beef*

March 15

Pozole
Zucchini & Squash*
Cinnamon Applesauce*
Veggie Pozole*

March 16

General Tso's Chicken
White Rice*
Broccoli*
Pineapple*
General Tso's Tofu*

March 17

Fish &
Chips*
Coleslaw*
Grapes*

March 20

BBQ Meatballs
Garlic Toast*
Roast Carrots*
Watermelon*
Veggie BBQ Meatballs*

March 21

Beef Stroganoff
Brussels Sprouts*
Peaches*
Mushroom Stroganoff*

March 22

Grilled Cheese*
Tomato Soup*
Cauliflower*
Tropical Fruit*

March 23

Beef Tacos
Mexican Rice*
Black Bean & Corn Salsa*
Cinnamon Applesauce*
Veggie Tacos*

March 24

Baked Ziti*
Broccoli*
Garlic Breadstick*
Pears*

March 27

March 28

March 29

March 30

March 31

Spring Break