



Lunch Menu • October 2020



Offered Daily

Deli Sandwiches including: Turkey, Ham, and Sunbutter (a peanut butter substitute)

Fresh fruit

1% Milk



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

October 1

Hamburgers
Baked Beans
Zucchini & Squash
Applesauce
Veggie Burger

October 2

No
School !!!

October 5

Baked Ziti
Breadsticks
Green Beans
Peaches

October 6

Pork Nacho
Pico de Gallo
Corn
Pineapple
Veggie Nacho

October 7

General Tso's Chicken
White Rice
Broccoli
Mandarins
General Tso's Tofu

October 8

Roast Pork Loin
Mashed Potato
Roasted Carrots
Grapes
Roast Portabella

October 9

French Toast
Roasted Potato
Sausage Link
Orange Wedges

October 12

Tortellini
Garlic Bread
Cauliflower
Tropical Fruit

October 13

Chicken Tenders
Broccoli
Applesauce
Tofu Tenders

October 14

Turkey Texas Straw Hats
Corn & Bean Salsa
Zucchini & Squash
Pineapple
Veggie Straw Hats

October 15

BBQ Pork Sandwich
Coleslaw
Roasted Potato
Watermelon
Roast Portabella

October 16

Corn Dogs
Roasted Carrots
Grapes
Veggie Patty

October 19

October 20

October 21

October 22

October 23

Fall Break

October 26

Baked Breaded Ravioli
Cauliflower
Pears

October 27

Chicken Pot Pie
Green Beans
Pineapple
Veggie Pot Pie

October 28

Sloppy Joe
Roasted Potato
Corn
Watermelon
Veggie Joe

October 29

BBQ Meatballs
Garlic Bread
Broccoli
Grapes
Veggie Meatballs

October 30

Pulled Pork
Mac & Cheese
Peas & Carrots
Applesauce
Roast Portabella